



**Making life
better for
Students**

MISU Coordinator:
Dr Sinead Nimmervoll

Welcome to Monaghan Institute Student Union (MISU)

Clubs and Societies



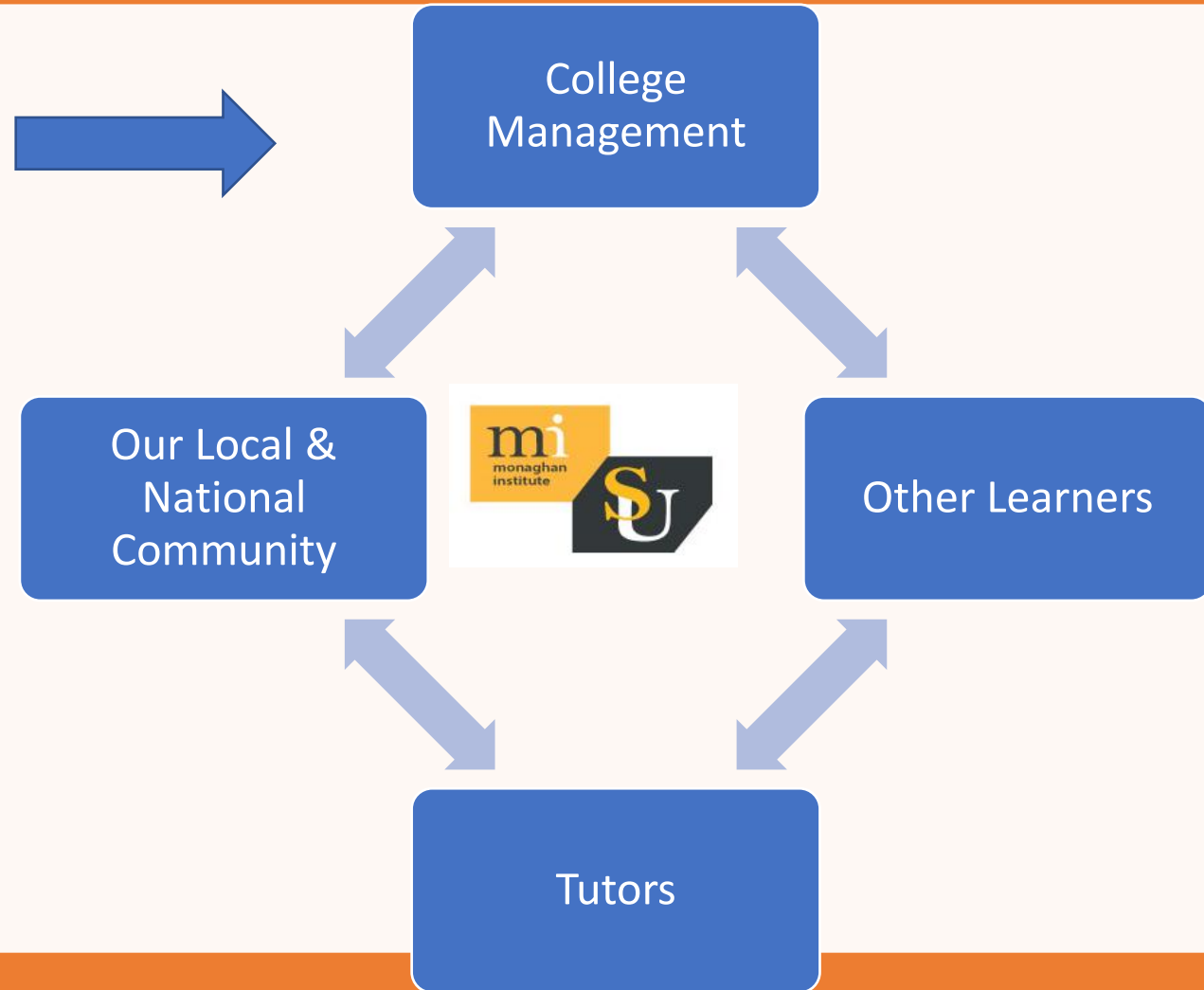
Monaghan Institute

Let YOUR
VOICE be
HEARD

What is in it for YOU and for OTHERS

This is **YOUR WAY** of communicating and getting **YOUR voice** to

The Students' Union is involved in **promoting** and **improving** the **college experience** and quality of life of **each learner** attending Monaghan Institute.



Why should I become a MISU class representative?

What is in it for me?

- Opportunity to **network** - meet new people, share ideas
- Have **Fun and Laughter** as a team together
- Sense of responsibility to **bring your class views forward**
- **Giving back to our community** and having a sense of achievement
- **Improving your leadership & teamworking** skills for your industry sector
- Enhance your **CV**
- Have **great moments & memories** you will never forget!



**YOUR
VOICE
MATTERS**

Roles

The MISU team is made up of the following roles and sub-committees



Election of Board of Management Reps

- 2 Representatives to be elected
- Election & voting will take place in early October
- The individuals elected will act as the voice of the Students at Senior Management meetings – to highlight Students Positive experiences and areas for improvement to be considered
- The Reps **elected must be able to attend TEAMS/inhouse meetings when called on by the College Director. (approx. 1-2 meetings per term)**

Anti-bullying policy

- **MI Follow STRICT anti-bullying policy** – zero tolerance policy
- Encourage a **safe learning environment** where everyone present has the right to feel safe
- **Bullying comes in many different forms** and can include:
 - -LGBT related issues – gender identity and expression policy
 - Race related
 - Sectarian
 - Cultural
 - Disability



Inclusive and Equal

- In college you should be free to:
- Be yourself and feel free to express your true identity
- Be treated equally and not be discriminated against
- Be visible and represented by LGBTQ+ symbols i.e. rainbow flag
- **Notice Board is beside Library Entrance Doors**





Inclusive & Equal Disability – Equal Acts

The MISU team of 2024-2025



See just What OUR Amazing MISU teams have helped to organise for YOU and their communities down through the last few years

BIG MI QUIZ



WHEN
Tuesday 8th September

WHERE
Canteen 1.00pm-1.35pm

Prizes - 1st and 2nd place



TEAMS OF 4

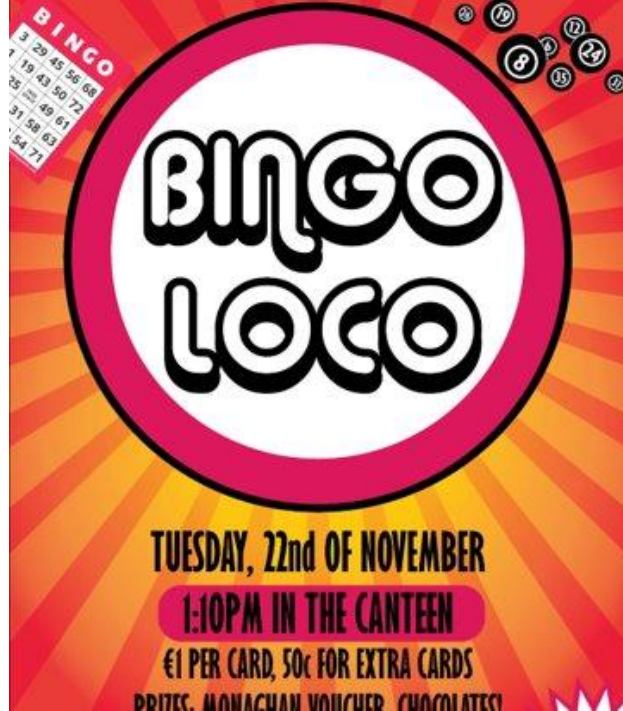
NO MOBILE PHONES

REGISTER YOUR TEAM NAME AT 1.00 PM SHARP

SPONSORS

Dinkir's Canteen

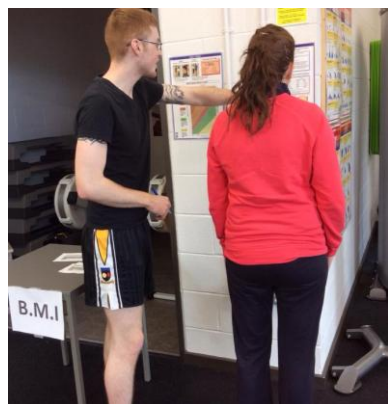
Student Union 2014-2015 members fund



- FUN and LAUGHTER over lunchtimes!
- With great prizes!



Halloween Events



Health Promotion





Battle of the classes Are you up for the challenge?

Spin it to Win it!, Lip Sync Battle, Skip to the Beat!

Promoting Awareness

Students making a stand against Racism

Click on the video to play

[Human Chain against Racism](#)



Activities with Community Organisations

- Sports Activities/Events - In conjunction with Monaghan Sports Partnership/Coral Leisure
- Innovation Recovery Project – Mental Health Workshop
- Dochas - Online events and training programmes



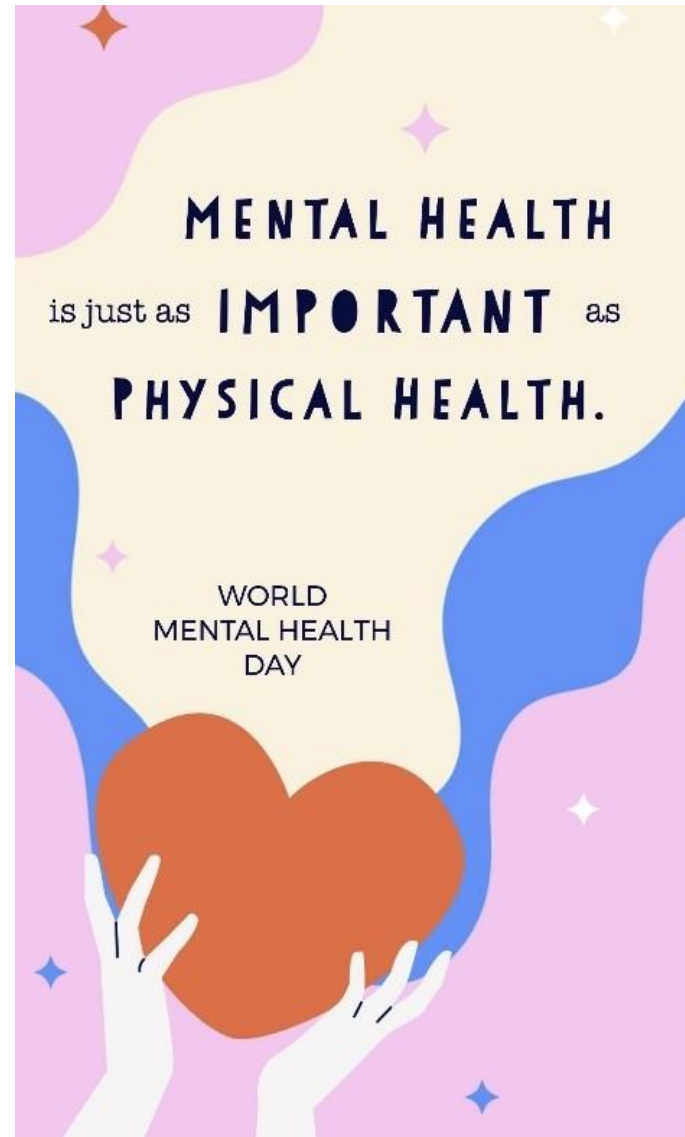
Engaging with Local Community Groups

- MI's Students Union spent a morning with residents at Drumbear Lodge Nursing Home in Monaghan
- The Student Union members and the Advanced Level 6 Sports group welcomed students from RehabCare





Cancer Awareness – Marie Keating Foundation visits MI





Rover Doggy Day Care for Charity



Pup Cakes for The Dogs Trust



FET Learner Mental Health & Wellbeing Accreditation

Awardee 2024



CERTIFICATE

This certificate is proudly presented for innovation and creativity in Mental Health and Wellbeing within Further Education and Training.

Monaghan Institute

‘Mind Your Head:
Wellbeing Seminar - LYT YOGA
Wellbeing Challenges - MI Space to Recharge’





Sexual Health Awareness Stand



MI Health Promotion Mental Health Awareness Events Fundraising €1200 for SOSAD





Christmas Carol Singing &
Help the Homeless Appeal



Quizzes and Charity Santa Fun Run/Walk

Monaghan Institute

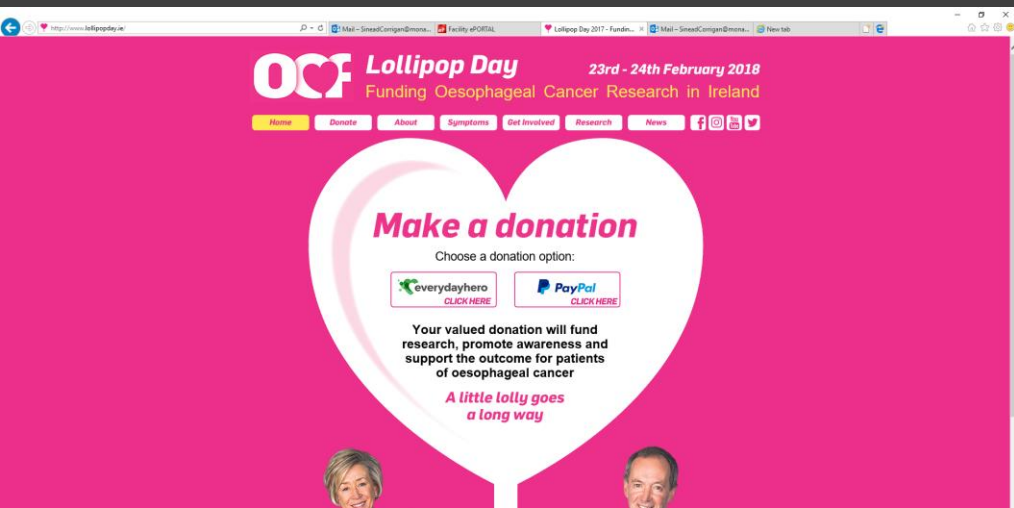




St Vincent De Paul Christmas Food Appeal in the Canteen from 1st- 16th December

- Non-perishable items
- Tinned food
- Pasta
- Beans
- Packet soup
- Jars of sauce etc.





Lollipop Day – Bag Pack

Monaghan Institute



Valentines Day Event



Let someone know they are appreciated by gifting them with an Anonymous Rose.

*Date: Tuesday 11th February
Cost: 1€*

Students must pay 1€ and place the name of the person they want to receive a rose



Jersey DAY

Play your part in fighting global hunger by wearing your favourite jersey.

All proceeds will go directly to GOAL's work in the developing world.

Monaghan Institute Goal Jersey Day

MISU Members fundraised for FOCUS Ireland raised €670



MISU members Helping out at MI Open Days/Evenings



St Patrick's Day Trad Session





Intercultural Awareness and Diversity Day



Lots of Socks Coffee morning Fundraiser for
Down Syndrome North East Centre

GREEN DAY –
Environmental/
Sustainability
issues



CLUBS & SOCIETIES

MI Clubs and Societies are set up by Students

and are self-managed by Students

Setting up a club go to the MI Website SU Page and complete the form

Past “fun-filled” events

- The Students' Union members organise fund raising events for different charities such as bed pushes, head shaves, coffee mornings, sponsored walks, auctions, table quiz, raffles, Christmas food appeals, Ribbon Appeal, concerts, karaoke and talent nights.
- The Book and Creative Writing club share stories and part-take in workshops with guest speakers.
- The Photography club share ideas and techniques by taking photos of college events.
- The Music club play at seasonal celebrations which include the Halloween Bat Festival and Fancy Dress, Christmas Lunch Party, Green Day for St. Patrick's Day and End of Year Formal.
- The Debating Society is involved in competitions with other PLC colleges in the region.
- Football, Soccer and Hurling teams have participated in competitions with other Further Education Colleges and Universities.
- Basketball, Badminton and Futsal leagues provide opportunity for participation in team sports and there is even the Staff v Students challenge match.
- Learners have access to the football pitch, sports hall and gym on campus. They can also avail of Tanagh Outdoor Education Centre, where they can go abseiling, canoeing, orienteering and camping.

Remember to come along and get involved!

Clubs and Societies

When organising an event on behalf of a club or society in Monaghan Institute, committee leaders should complete this [form and gain approval](#) from college management in advance of events, competitions, tournaments and society gatherings. For further information contact Sinead Nimmervoll.

Apply



Rialtas na hÉireann
Government of Ireland



Arna chomhchistiú ag
an Aontas Eorpach

Co-Funded by the
European Union



cmetb

Boord Oideachtais agus Oiliána
an Chathair agus Mairiúcháin
Cavan and Monaghan
Education and Training Board



Music club

Monaghan Institute



MI Men's GAA team





Ladies GAA team



Basketball Club



Table tennis club and Tournaments

Badminton club

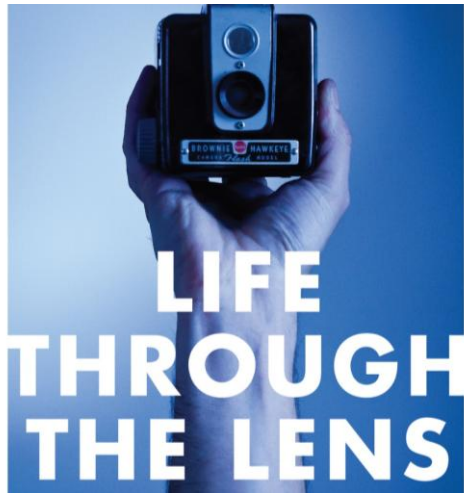
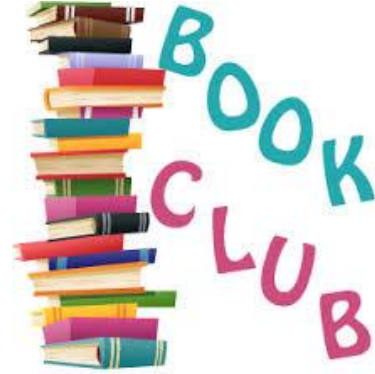


Golf Society



Futsal Tournaments





Photography Club
Book and Creative Writing Club





We need your creativity to think outside the box!

Any Suggestions?
Any Questions?

