

2016

HAPPY NEW YEAR TO ALL THE STAFF & STUDENTS

#OPERATION PADDY

Get your walking shoes ready to support Level 6 Advanced Business & IT student Paddy Archbold on Sunday 6th March in his home town of Shercock for a sponsored 5k walk. Brave Paddy has won his battle with cancer but now requires reconstructive surgeries. These procedures will be carried out in Harley Street, London and are expected to cost in the region of £55,000.

Popular Shercock resident Paddy has always been an eager fundraiser in his locality and his efforts have not gone unappreciated. The community have now rallied around him and have put a fundraising committee in place to fund Paddy's operations. Paddy's wife Attracta is also a student at Monaghan Institute and is completing the Level 5 Pharmacy Assistant course. Sponsorship cards are available from Marie Keelan, Level 6 Advanced Business & IT. There is a facebook page called Operation Paddy and a twitter account #OperationPaddy.



PROGRESSION TALK BY PAT CHRISTY

On Monday 11th Jan we welcomed a 2007 Student of the Year, Pat Christy to give a talk on progression as a mature student from Monaghan Institute and his experience and career thus far. Pat from Annyalla inspired the Health Services Skills and Nursing Students

with his story of returning to education in Monaghan Institute, where he developed academic skills, completed work placement, and undertook modules which were the foundation to Nursing.

Applying for Psychiatric Nursing as a mature student through CAO Pat secured a place on a Degree in Forensic Nursing Psychiatry in DkIT. Pat explained to learners that the road though the degree was challenging but very rewarding and fulfilling. Pat successfully completed his degree and gained employment as a Forensic Nurse in The Central Mental Hospital Dundrum, and later completed a Masters in Forensic Psychiatry. He continues to work in Dundrum and it was clear from his talk that he is successful at having a positive impact on people lives and we also noted the very humane and kind way he spoke about his clients. Along with clearly having a positive influence on clients lives, he certainly motivated and encouraged the students who heard him. Many thanks to Pat, and we wish him every success in his future career.



HAIR & BEAUTY CUSTOMERS NEEDED



Thank you to all the customers who have visited Monaghan Institute and volunteered to be models for our Hair and Beauty Therapy students. If you want to book an appointment with the Hair Salon or Beauty Room drop in or phone today.

Tel: 047 84900

Hair: Clodagh McKenna or Caroline Nelson
Beauty: Antoinette Boyce

SKIPPING THURSDAY AND HELL & BACK

MI students supported "Daithi's Wish to Walk" on their lunch break outside the canteen, with a bucket collection and skipping relay. Thank you to the Level 5 and Level 6 students for competing and to Sinead and Fergal for organising the event. This event was part of the "Hell and Back 2016" fundraising, which MI Staff and Students took part in on Sunday 31st January.

A big congratulations to Gary McKenna our winner and well done to all involved!



CONGRATULATIONS

To Sinead Corrigan, Barry Duffy, Caolan Boyd and Fergal Sherry who took part in the Hell & Back challenge on Sunday 31st January 2016.



STUDENT LIFE

SU PRESIDENT RYAN BEATY SHARES HIS EXPERIENCE AT MONAGHAN INSTITUTE

When I first arrived at Monaghan Institute (MI) I wasn't sure what to expect. I had never seen the new building or campus before. I went to DkIT last year before deciding that the course I was doing just wasn't for me. I enrolled in MI because I wanted to work in Health Care. I felt that the Health Service Skills course was perfect for the field that I wanted to work in. When I started at MI I was surprised at how modern it looked, it seemed no different to DkIT.

I immediately fell in love with my course. I learned so many new and interesting skills, from how to record the readings of a heart rate monitor, to treat someone with an eating disorder, etc. My original plan going into the course was to then go straight into work. I felt like I was fed-up with education and I had very low self-belief. As my course progressed, my results seemed to be better than I had expected, I decided that maybe I would have it in me to go on to do psychiatric nursing and complete a degree course. But I felt I was safest waiting until I was a mature student.

I was unaware that a young student could progress onto a Degree course in a College or University straight from MI. I also didn't feel that I was yet capable of completing a 3 or 4 year Degree course. One day I happened to mention to my tutors, Marie and Roisin, that I was interested in Psychiatric Nursing. They encouraged me to apply to various Universities through UCAS now, sooner rather than later. I had no idea the NHS funds all of the tuition fees for health related courses in the UK. There were two days left until the closing date for the UCAS applications and my tutor Roisin was



emailing me at 11 o'clock at night helping me with my Personal Statement. I have never come across tutors or lecturers that genuinely cared so much. They restored my belief in myself and my abilities.

Within two weeks of my UCAS application being sent I got an email stating that I was accepted for an interview for the University of Southampton. When first starting at MI I would have never expected to end up applying to Universities or even being accepted for an interview for a University. My interview is in three weeks. All this has happened so fast and I feel like I've finally found my path in life.

Every tutor I have ever spoken with in MI has shown nothing but encouragement and genuine interest in how I'm coming along in my course. All of them are so friendly, easy to approach and eager to help in any way. I've also now become President of the Student Union which is another thing I never expected would happen to me when first entering MI. I really enjoy helping to set up events within the College and there's a fantastic community spirit within the Student Union. I've made many new friends here and MI has given me promise for the future. I don't know where I would be without it.

Ryan Beatty - MISU President
Health Service Skills

TALK GIVEN BY PAST STUDENTS

On Friday 15th January, three students who graduated from L6 Multimedia and Web development last year - Kieran Hackett, Martin Malinowski and Kevin McElroy - returned to MI. Each are pursuing different degree courses in DkIT this year and so could offer current students valuable help, advice and direction in the lead up to the CAO deadline date. It was fantastic to welcome the lads back and we appreciated that they took time out of their busy schedules to join us.



Like us on Facebook



Follow us on Twitter



Find us on Flickr



mi gym

NOW OPEN

Please contact Barry for a list of classes or a Personal Training Programme

Cost to join:
€20.00
For MI students

SPORTS STUDENTS VISIT AVIVA STADIUM

On Friday 29th January Monaghan Institute Level 5 and Level 6 Sports student's travelled to Dublin to The Aviva Stadium for an Irish Rugby Team Training Session. The group had the opportunity to watch an intense training session by the Irish Rugby Squad, following by the opportunity to meet a number of squad players.

In the afternoon, the group visited the National Sports Campus which includes the National Aquatic Centre, National Diving Centre and the High Performance Unit. The visit provided an opportunity for students to see the facilities available to our best athletes.



GOOD LUCK

To the Level 6 Multimedia & Web Development students on the filming of their Psychological Thrillers. We look forward to the screening.

MOTOR MECHANICS GARAGE UPDATE

January has been a very busy month in the development of the Motor Technology programme. The garage is constantly being updated with the latest equipment needed to ensure maintenance on our vehicle is carried out to the highest and safest standards. The arrival of our new 4 tonne lift meant that we now have full and clear access to all areas of our vehicle. In the last few weeks we have been working on the ignition, cooling, starting and charging systems of our 5 cylinder Volvo V70 T.



We have also taken delivery of 4 engine and gearbox stands which have allowed us access to the full disassembly of our 3 cylinder Hyundai engine. This has allowed us to complete essential engine inspections and complete routine repairs and servicing such as timing chain inspection/replacement.

Over the next few weeks students will prepare for their work placement. They will spend 2 weeks out in a working garage environment. This forms a very important part of the course as it allows students to get a clear insight into the day to day running of a garage. They will also use this opportunity to develop inter-personal skills and get involved with actually dealing with customers. Best of luck.

BEST OF LUCK

Staff at Monaghan Institute wish all the Healthcare students attending upcoming interviews for six different Universities in the UK the best of luck.

mi GET INVOLVED

Interested in a carrer in journalism? Have a passion for photography? MI times are now accepting articles/ photographs for our next issue. For more information contact Rynagh McNally Email: rynaghmcnally@cmetb.ie.

Comment: